

24 May 2023

Dear Parent/Carer,

## I & S INSPIRES

### Inspirational Talk from Dr Nick Bourne

Before the Covid pandemic, we launched a series of talks called 'I&S Inspires'. Featuring different motivational speakers, the series peeled back the curtain behind some of the top career pathways, including BBC journalist Gabriel Gatehouse and civil engineer Ed McCann. We believe it is very important to offer our students unique opportunities to hear a range of different voices.

In June, we are relaunching the programme with a special talk from Dr Nick Bourne. Here is his biography:

*Dr. Nick Bourne is a Chartered Physiotherapist, Strength and Conditioning Coach, Futsal Coach and Senior Lecturer in Applied Sport and Exercise Sciences at the University of East London. He grew up in the East End of London, where at the age of 14, inspired by the late, great, Bruce Lee took up martial arts. His talk will take you on a journey from Liverpool where he studied physiotherapy, to Loughborough University where he met Co-Headteacher, Mr Fisher, then across the pond to America and the University of Texas at Austin.*

*In the USA, he studied and worked with 18 first-round American Football NFL draught picks along with the world's fastest man, as a physiotherapist as well as assistant track and field coach. It ends up back in the East End of London at the University of East London where he has collaborated and worked with West Ham United and Leyton Orient FC. Most importantly, it culminates with all of the lessons, that you too can learn from, along the way.*

You are receiving this letter as we believe this will be a fantastic opportunity for your son/daughter/ward to hear from a leader within his industry and be inspired by his story. This talk would be of special interest to students wishing to pursue careers in sporting coaching, sports therapy, biology, biological science, and medicine - as well as anyone looking to study in the USA. It would also be beneficial to all students considering their next steps post-education.

The event takes place on **Wednesday 14 June** from **3.20 - 4.00pm** in the school hall. Nick will give a short talk and then invite questions from the audience. We hope to see your son/daughter/ward at this inspirational event.

Yours faithfully,



**Simon Fisher**  
Co-Headteacher



**Mr M Adams**  
Careers Leader